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**THE CONTENT AND FORM OF PSYCHO-PEDAGOGICAL SUPPORT
MANAGEMENT ACTIVITIES METHODIST DISTRICT EDUCATION
DEPARTMENT FOR THE IMPLEMENTATION OF HEALTH SAVING
TECHNOLOGIES IN EDUCATIONAL INSTITUTIONS
(METHODOLOGICAL SUPPORT FOR HEALTH SAVING
TECHNOLOGIES IN EDUCATIONAL INSTITUTIONS)**

***Abstract.** This article explores and grounded complex of organizational and methodological conditions of management activities that specialists of district education departments do for the implementation of health safety technologies in a system of methodical work of the department of education.*

***Key words:** healthy lifestyle, health safety technology, educational technology, physical education, sports and mass work, general education, methodological support, physical activity, health safety competence, psychological support, age characteristics, and physical development.*

Свердлик Н. П.

**ЗМІСТ ТА ФОРМИ ПСИХОЛОГО-ПЕДАГОГІЧНОГО СУПРОВОДУ
УПРАВЛІНСЬКОЇ ДІЯЛЬНОСТІ МЕТОДИСТІВ РАЙОННОГО
ВІДДІЛУ ОСВІТИ З РЕАЛІЗАЦІЇ ЗДОРОВ'ЯЗБЕРІГАЮЧИХ
ТЕХНОЛОГІЙ В ОСВІТНІХ УСТАНОВАХ
(МЕТОДИЧНИЙ СУПРОВІД ЗДОРОВ'ЯЗБЕРІГАЮЧИХ
ТЕХНОЛОГІЙ В ОСВІТНІХ УСТАНОВАХ)**

***Анотація.** У цій статті розглядаються і обґрунтовано комплекс організаційних і методичних умов управлінської діяльності, що фахівці районних відділів освіти для впровадження оздоровчих технологій безпеки в системі методичної роботи управління освіти.*

Ключові слова: здоровий спосіб життя, безпека для здоров'я технології, освітні технології, фізичного виховання, спортивно-масової роботи, загальної освіти, методичне забезпечення, фізична активність, безпека для здоров'я компетентності, психологічної підтримки, вікових особливостей і фізичного розвитку.

Свердлик Н. П.

**СОДЕРЖАНИЕ И ФОРМЫ ПСИХОЛОГО-ПЕДАГОГИЧЕСКОГО
СОПРОВОЖДЕНИЯ УПРАВЛЕНЧЕСКОЙ ДЕЯТЕЛЬНОСТИ
МЕТОДИСТОВ РАЙОННОГО ОТДЕЛА ОБРАЗОВАНИЯ ПО
РЕАЛИЗАЦИИ ЗДОРОВЬЕСБЕРЕГАЮЩИХ ТЕХНОЛОГИЙ В
ОБРАЗОВАТЕЛЬНЫХ УЧРЕЖДЕНИЯХ
(МЕТОДИЧЕСКОЕ СОПРОВОЖДЕНИЕ
ЗДОРОВЬЕСБЕРЕГАЮЩИХ ТЕХНОЛОГИЙ В
ОБРАЗОВАТЕЛЬНЫХ УЧРЕЖДЕНИЯХ)**

Аннотация. В этой статье рассматриваются и обоснованы комплекс организационных и методических условий управленческой деятельности, что специалисты районных отделов образования для внедрения оздоровительных технологий безопасности в системе методической работы управления образования.

Ключевые слова: здоровый образ жизни, безопасность для здоровья технологии, образовательные технологии, физического воспитания, спортивно-массовой работы, общего образования, методическое обеспечение, физическая активность, безопасность для здоровья компетентности, психологической поддержки, возрастных особенностей и физического развития.

Problem. The health status of the population in Ukraine is one of the highest national priorities, because health is first necessary condition for the successful development of every person, his/her education, labor, welfare,

marriage and parenting. From person's relation to health largely depends on its preservation and strengthening. Today, health is seen as a state of complete physical, spiritual, mental and social wellbeing. Find your place in a changing world; to identify skills, life prospects have become useful to society can only be the person who developed physically, socially adjusted, mentally balanced, has a spiritual basis.

Teach children to protect and enhance your health - one of the priorities of the state policy in the field of education.

The purpose of the article due to the need to describe the psychological and pedagogical support management activities specialists of district education departments for the implementation health safety technology in secondary schools through the use of new technologies, methods of education in students a healthy lifestyle, the problem of learning health safety life and use of health techniques which provide systematic measures aimed at understanding self as one of the basic values.

The main objective of the study is to develop a high level of readiness specialists of district education departments to implement health safety goals of the educational process, development and implementation of school practice of structural and functional model of training teachers to use technology in the system health safety methodical work of an educational institution.

The main documents defining objectives, strategic directions and objectives, which should aim to implement government policy is the Decree of the President of Ukraine dated 26.06. 2013 "On the national strategy of education development for the period till 2021", "state standard primary education" (2011).

Analysis of recent research and publications. Problem willingness of teachers to students is the introduction health safety reflected in the works of domestic and foreign scientists classical pedagogy and psychology in particular JA Comenius, H.Skovoroda, K. Ushinskogo Rusova S., G. Vashchenko, V. Sukhomlynsky, A. Makarenko et al. The above confirms the relevance definite problem in the past, which becomes particularly acute in the current development

of school education. In context, we have studied the problem of scientific interest are the works of local scientists (C. Kremen, I. Zyazyuna, N. Nychkalo, S. Goncharenko, VA Andrushchenko, J. Behan, S. Maksymenko Kirichuk A.), Which devoted to the modernization of lifelong education. Significant is the time between L. Lukyanov, S. Nikitchynoyi, O. King James, V. Oleinik, L. Sigayevo. Covering the areas of adult education in Ukraine. Significant contribution to the development of theoretical and methodological foundations of vocational education carried G. Gurevich, A. Dubasenyuk, A. Lawrynenko, A. Nisimchuk, L. Onischuk, A. Piechota, M. Soldatenko, G. Jaworski. Effective approaches to practical implementation of innovative educational technologies in the educational process developed Bykov, N. Morse, AV Sergienko, O. Spivakovsky. Methodical bases of psychological and pedagogical training of teachers revealed. Khomych L., L. Danilenko, A. Kuzminsky, A. Savchenko. Scientific and methodological bases of training of teachers to create a healthy lifestyle revealed Bobrytska B., L. Sushchenko, V. Orzhehovska. Features of interior school methodological work and its role in lifelong learning are highlighted in studies Zhernosek I., N. Klokar, M. Potashnyk and others.

Study of theoretical and applied aspects of health safety younger generation to pay attention to domestic and foreign scholars, including G. Apanasenko, L. Highlanders, A. Dubohay, L. Popova, S. Lapayenko. Essence valeological culture of students in modern learning environments revealed Boychenko T., O. Bondarenko, L. Vashenko, M. Goncharenko, V. Gorashchuk, V. Hryban, S. Kondratiuk. Social health problems of children and adolescents analyzed L. Boyko, E. Nevedomska, J. Naumenko and so on. The main factors shaping health safety educational environment in schools identified Vashenko A., V. Zvyekova, A. Klestova, K. Ohloblin.

The main material

The problem of forming and maintaining the health of young people in Ukraine is now inextricably linked to the health, environmental and socio-economic conditions. The economic crisis in the country, deterioration of the

environment, unsustainable use of natural resources, the spread of bad habits, especially for children - this is not a complete list of adverse events and processes that affect human health, especially the young. Among the most common diseases of school children, doctors distinguish respiratory diseases, digestive system, eyes, endocrine system and the musculoskeletal system.

Analysis of management activities methodical practice proves significant proportion of disease in all members of the educational process caused by deficiencies methodological support caused by low levels of readiness of teachers to use health safety technology. In this regard, there is an objective need for enhancing the formation of readiness to health safety teacher training students through significant changes in the system of secondary education, particularly in the organization and implementation of methodological work of an educational institution for health safety subjects educational activity.

Analysis of research in sociology, psychology, medicine indicates that prerequisites of a healthy lifestyle as a special form of life, determined by both biological and social factors:

- The need to integrate the various approaches to maintaining health and promotion of healthy lifestyles in the ecological space of educational institutions;
- Development of methodology of health safety living space technology in youth;
- Fostering a willingness to teaching a diverse work force to create appropriate conditions for teachers in the educational process;
- Involving definite problem parents, health care facilities, public institutions and so on.

Promotion of healthy lifestyles covers a wide range of issues. But the necessity of maintaining health and preventing its destruction requires a thorough and comprehensive examination of all possible forms rooted in education promoting healthy lifestyles. School, labor groups, family - the most effective institution promoting healthy lifestyles and cultural health of children and young people - not use their facilities due to lack of experience and not elaborated

relevant educational technology. The results of various studies suggest that the traditional education system focused more on gaining knowledge and information, and the formation of life skills insufficient level of training children for independent living does not meet modern requirements. School-aged children need not only knowledge but also life skills that help make life choices, achieve goals, adjust behavior, assess risks, maintain and improve health and quality of life. During the preparation of teachers for the implementation health safety technology is to understand the major systems of the educational process. The teacher should be oriented in various forms, methods, and specific techniques inherent to nurture a healthy baby.

State standard of primary education provides education for pupils conscious desire for a healthy lifestyle, developing the ability to make decisions about their own actions build knowledge about health, healthy living, improving the physical, social, psychological and spiritual components of health. Today, it can be argued that it is the teacher can do for the health of the modern student than the doctor. An important role in this matter plays a psychological and methodological support management activities specialists of education departments on implementation health safety technology. Teachers should be aware of the scientific and theoretical, practical merits of introducing health safety technologies in educational institutions. Health-technology creates a safe environment for stay, study and work at the school and effectively solve the problem in terms of conservation, care of the educational process.

Building a healthy lifestyle - a focused, built on a scientific basis, taking into account the nature and patterns of child personality development process aimed at the mastery of knowledge and skills that provide the most efficient build healthy life. Among the conditions of safety training important element is training regime. Significant health-provision contained in that part of the training regime, which is determined by the teacher and concerns the regulation of workload in the classroom throughout the day and week.

Lesson - the main form of schooling at all stages. To maintain the health of children is imperative that lessons meet all requirements of healthy mental work and academic communication.

Implementation of these conditions based on the following considerations:

1. The effect of health safety action in the classroom is determined that children learn the course material with optimal for them to physical and mental stress, without fatigue.

2. Health safety actions are subject to the capacities and needs of students related to age, key among which are:

- Peculiarities of functioning of the organism in the early school years (due to the growing importance of children's motor activity, mode of loading during the day of the week;

- Features motivation and cognitive processes, and most importantly - the ability to take up training activities;

- The relevance of age-related needs of children in the personal-oriented communication.

3. Health safety actions are based on individual age characteristics of children related to physical health and mental states.

Teacher training, professional competence which permits the use of healthy technology is crucial in maintaining the health of all members of the educational process educational institutions. It is advisable to convince teachers in a healthy way and to organize educational space for students to always adhere to the rules of good nutrition, daily regimen, physical activity, and childhood care of their health. This requires a comprehensive analysis of the educational needs of the teacher on the basis of diagnosis, a system of teaching services and service organization of educational needs teachers in implementing health safety technology.

Summarizing the theoretical and practical achievements in the field of health safety pupils should be noted that questions remain underdeveloped training trainers of district education departments of psycho-pedagogical support management activities for the implementation health safety technologies in the

methodical work of the department of education, accompanied by the intensification of the contradictions between:

- Socially conditioned by the need to implement health safety technologies and insufficient level of training teachers to health safety activities;
- The existing level of elaboration of theoretical foundations health safety technologies in scientific research and their insufficient level of practical implementation in the educational process of the school;
- Scientific Expediency health safety students and inadequate levels of training teachers of an educational institution for use health safety technology.

The basis for ensuring a high level of readiness specialists of district education departments to implement health safety goals of the educational process is the development and implementation of school practice of structural and functional model of training teachers to use technology in the system health safety methodical work of an educational institution.

Organization of methodological work specialists of district departments of education requires the development of theoretical and methodological foundations of teacher training in view of the current in Ukraine regulatory framework for solving the problem of maintaining the health of children and generalization of effective psychological and pedagogical approaches to practical implementation of ideas leading health preservation of students.

To achieve this goal identifies the key research objectives:

1. Review the status health safety study the problem of children in educational theory and practice in educational institutions.
2. Define and justify a set of organizational and methodological conditions of management activities Methodist district education departments for the implementation health safety technology system methodical work of the department of education.
3. Criteria to distinguish their characteristics and readiness Methodist district education departments for the implementation health safety technology system methodical work of the department of education.

4. Develop, justify and experimentally verify the structural-functional model of training trainers of district education departments for the implementation health safety technology system methodical work of the department of education.

5. Develop educational and methodical complex of training trainers of district education departments for the implementation health safety technology.

CONCLUSIONS:

The survey results make it possible to ascertain the quality of psycho-pedagogical support activities specialists of district education departments for the implementation of healthy technology in the learning process to be effective, provided:

- Formation of the specialist of district education departments valuable guidance and persistent motivation to health safety activity that encourages them to increase the level of relevant knowledge and skills;

- Implementation of the range psychological and pedagogical conditions of specialists of district education departments for use health safety technologies in educational institutions;

- The work of psychological services educational institutions must lead to the development of students' healthy lifestyle, its objectives: to examine how a particular child learns and accepts the complex world of knowledge, social relations, and attitudes of other people of a particular student; how the formation of his personality.

The optimal model of modern educational institution is such in which the educational process is organized so that each participant therein joint educational activities would be able to manage their health. To achieve this goal it is necessary for all students and teachers to form a so-called sanohenne thinking, ie thinking, able to control the behavior so that when it kept their own health and the health of others.